## Speed Race

Saturday night at Ethan Allen Elementary School, Karen Mitchel won first place in the citywide spelling bee. Although the competition was stiff, twelve-year-old Karen emerged on top. Karen's father, Tom Mitchell, when asked to comment, said, "Yes, we are very proud of her. She spelled words I can't even spell, and I am a college English professor!"

Karen's winning word was a hard one - megalopteran. Some of the other words she knew were palaestra, sacerdotal and varicella. All are very hard words.

Later this week Karen's sixth-grade class will all go out for lunch and an afternoon of skating to celebrate her win. Her teacher, Mrs. Amanda Killbro, said that all had worked hard toward Karen's triumph.

## Breath Control

The Fifty States: Name as many of the fifty United States as you can in one breath. If you finish before you run out, start again at the beginning. The states are grouped by number of syllables to facilitate rhythmic reading.

View this page in print layout for easiest reading.

Maine
Georgia
Kansas
New York
Texas
Utah
Vermont

Alaska
Arkansas
Delaware
Florida
Hawaii
Idaho
Illinois

Iowa

Kentucky
Maryland
Michigan
Missouri
Montana
Nebraska
Nevada
New Hampshire
New Jersey
Ohio
Oregon
Rhode Island
Tennessee
Virginia
Washington
Wisconsin
Wyoming

California
Colorado
Connecticut
Indiana
Massachusetts
Minnesota
Mississippi
New Mexico
North Dakota
South Dakota
Oklahoma
Pennsylvania
West Virginia
Louisiana
North Carolina
South Carolina

Alabama
Arizona

## Generic Warm-Up

To sit in solemn silence on a dull dark dock In a pestilential prison with a life long lock Awaiting the sensation of a short sharp shock From a cheap and chippy chopper on a big black block.

## Major General

This particular passage comes from Gilbert and Sullivan's 'The Pirates of Penzance'.
The verbiage is challenging and an excellent exercise in controlled speech which will greatly enhance your enunciation and force you to slow down and speak clearly.
'I am the very pattern of a modern Major-General; I've information vegetable, animal, and mineral; I know the Kings of England, and I quote the fights historical, From Marathon to Waterloo, in order categorical; I'm very well acquainted too with matters mathematical, I understand equations, both simple and quadratic, About binomial theorem I'm teeming with a lot o' news, With many cheerful facts about the square of the hypotenuse. I'm very good at integral and differential calculus, I know the scientific names of beings animalcules, In short, in matters vegetable, animal, and mineral, I am the very model of a modern Major-General.'

## T Sounds

Tillie the tassel twister toiled daintily till twilight. Torvald the tent-maker tippled and toppled on Tuesdays. Little Tina Tittlemouse took time off to travel to Toronto. Dan tittered as Ted tapped his dented dart.
Tim the tuba tooter traded his dismal tuba for a dirty dime.
Dora Twiddle tried to dance a tango near the tyrant's totem pole. The dreadful twister twisted old teepees, dry docks and domes together.
Did Tippy's terrifying toothache triple in torture during the tornado?
If Dad drops the kettledrum, would Della Dean hide the tom-tom?

## B/P Sounds

Corporal Phillip placed the pulp cape over the sharp harp. With a hop, a jump, and a yelp, she landed in the steep stoop. Pat Parker put the apple and the chop in the shop. Chub let the rope fall as he blew up the bulb.
Did he bribe Rob to stop first and grab the pulp and the herb?
Wipe up the pepper from the carpet, Rip.
Her job was to place the taped tube on the table in the lab.
Don't bob under the crib when I jab your jib with the rib of a crab. Did the cop see the cab veer as his cap fell?
All happy families resemble one another. Every unhappy family is unhappy in its own way.

## $\underline{X / C / K ~ S o u n d s}$

Jinx could not accept the expensive flasks which were hidden in the desk.
He asked if the accident had caused the Sphinx to expand. The exhaust pipe was in a box near the accelerator.
The lynx, a cat with extraordinary instincts, is now almost extinct.
Mr. Rusk makes excellent ivory disks from walrus tusks.
The Scot, Mr. McFox, found the Alaska landscape to be exciting. John Ruskin expected that the exotic gift would be acceptable. As an example, do not exhale wax fumes from the cask.

## F/V Sounds

Did the evil elf dive into the half-hive or the rough groove? Biff could not bluff or laugh his way through the twelve tough problems.
Marv wants proof that five knives halved his cuff and sleeve. If Jeff will cuff the dove, Mr. Neff will strive to ban the van. Carve the beef on the hoof in the cave above the bluff. Should I forgive my love for playing her five fifes without life and verve?
The brave chief gave his knife and revolver to the fifty-five divers. "Well," said Vile William, "Verna and Wanda vanished without visiting the wall."
Would Victor spill wet vinegar on Wilbur's Western vest.

## TH Sounds

The theft of the three thick feathers happened in a leather thimble.
Thora said the weather soothes her smooth thumb.
Tell them that these things and those threads are theirs.
Thornton, the other Thane, thought about his brother's theory.
This thirty-third theme belongs to Arthur's father.
Faith Thurber had a toothache during the earthquake. Ethel's birthday cake was smothered with hawthorn and feathers. An atheist breathed ether in the heathen cathedral. Although it bothers Mother, Father would rather lather in the heather.

## S/Z/SH Sounds

The somber psalm was sung slowly by the sad sergeant.
Zane the zebra zigzagged around the zoo.
Scott soaked the soapy sauce in a soppy sock.
Mr. Francis fastened the Christmas basket to the side of the cesspool.
The Zulu from Zeeland received a zero in zoology.
The fuzzy buzzard nuzzled Lizzie the gazelle.
Strawberry soda mixed with Squirt and Sprite makes a nice bracer.
Please rise and view the pies with your eyes.
The hiss of his voice disturbed the peace of the house.
There is always someone worse off than yourself.
Don't tuck Sid's torn sash into Betsy's hats.
Kit seldom puts tom-toms, skates, boats or coats on the footstool.
Do colts, bats and cats eat oats, rats and hats?
Ted's moods if he drinks too many Cokes are quite silly.
Ted said, "Are Tammy and Sammy talking about socking Todd Sodd?"
When Thomas Samson plays cards he bets more chips than he needs to.
Nests of toads in nets are pests.
Tippy zipped through the tiny zoo in the zany zone of Toronto.
Tina Sims dotes on Terry's sari and silver belts.
If she sells seashells by the seashore, will she also sell shrouds and sails in her shale cell?
Was Shane sane when he hid the treasure in the sod shanty near the garage?
The short moose raced the Danish goose to the English bush.
Zane was eating fish in the shower when the explosion zigzagged through the mirage.
Sid shot Sam just before Charlotte shook the spark plugs out of Selby's machine.
The shiny sheen of the sheik's socks shone on the brass shelf.
A sheaf of Swiss shawls was found in the small shed on the sandy shore.
The motion of the machine exerted pressure on the cushion.
The azure-colored Persian hound bays at beige cats.
Sol Shawn said, "Shall we shake hands, kiss and make up for Sal's sake?"

## H Sounds

Hubert Higgins hired the happy sheep-herder near Lake Tahoe. Henceforth, the henpecked Howard will head the Harris household. Perhaps Hall will behave if Hiram rides the horse to Idaho. Hortense had helped Hannah heat her hotel in Hazel Park. How happy Hedwig was when Hy Hansel rehearsed Hamlet in the playhouse.
If that man could have half his wishes, he would double his troubles.
He dreamed he was eating Shredded Wheat and woke up to find his mattress half gone.
There is no record in human history of a happy philosopher. What I have been taught I have forgotten, what I know, I have guessed.

## J Sounds

Jack and Jill had orange juice, jam and jelly in their pail. The pigeon plunged from the large ledge. Judge Jones lodged Major Judson in jail with the gypsies. The cabbage and the orange could not be budged from the edge of the carriage.

## CH Sounds

Chilled cheese, chestnut and chicken sandwiches choked the duchess.
He exchanged the chicken chowder for the birch orchard.
Charles, the Campbell's Chunky Chowder merchant, was chided in the church.

## A to Z

A - Around the rugged rocks the ragged rascal ran.
B - Big black bug bit a big black bear and the big black bear bled black blood.
C - Can I cook a proper cup of coffee in a copper coffee pot?
D - Don't doubt the doorbell, but differ with the doorknob.
E - Eight gray geese in a green field grazing.
F - Fine white vinegar with veal.
G - Grab the groundhog from the glazed grass.
H - High roller, low roller, lower roller.
I - Inexplicably mimicking him hiccupping.
J - Jingle jungle jangle joker.
K - Knit kilts for nasty cold nights.
L- Lucy likes light literature.
M - Monkeys make monopoly monotonous.
N - The Next nest will not necessarily be next to nothing.
O - Octopi occupy a porcupine's mind.
P - Peter Prangle, the prickly pear picker, picked three perfectly prickly pears.
Q - Queen Catherine wakes the cat, and the cat quietly cries.
R - Rubber Baby Buggy Bumpers!
S - Some shun sunshine. Do you shun sunshine?
T - Three thick thistle sticks.
U - Unique New York, Unique New York, Unique New York.
V - Venti, Grande, Tall - Very Grand Words for Large, Medium, Small.
W - Will's wetsuit is round and wet and rough and wide and ready to go on a watery ride.
X - Xylophones exist or so existentialists insist.
Y - Yoda met a Yeti on the Plains of Serengeti.
Z - Zoologists illogically love to read astrology.

## Long List

1. Red leather, yellow leather
2. The big black bug bled blue black blood
3. Sally sells sea shells by the sea shore
4. Six thick thistles sticks
5. Unique New York. You know you need unique New York
6. Specific Pacific
7. Purple Circle
8. The black dog danced on the barn floor barefooted
9. Six selfish shellfish
10. Any noise annoys an oyster but a noisy noise annoys an oyster most
11. Six sick slick slim sycamore saplings
12. The lips, the teeth, the tip of the tongue
13. The sixth sick sheik's sixth sheep's sick
14. I slit the sheet, the sheet I slit, and on the slit sheet I sit
15. A Tudor who tooted a flute tried to tutor two tooters to toot
16. Vincent vowed vengeance very vehemently
17. Gertie's great-grandma grew aghast at Gertie's grammar
18. We surely shall see the sun shine soon
19. Which witch wished which wicked wish?
20. The two-twenty-two train tore through the tunnel
21. Three gray geese in the green grass grazing
22. Paul placed a plump pumpkin on a poolside placemat
23. Little liver-lipped Larry Lilly's landlady looked listless
24. Kris Kringle carefully crunched on candy canes
25. Wild west winter winds waned while we waited wistfully wanting warmth
26. Betty and Bob brought back blue balloons from the big bazaar
27. Excited executives exercised their excising powers excessively
28. Six shimmering sharks swam sharply striking shins
29. Roberta ran rings around the Roman ruins
30. Six sick hicks nick six slick bricks with picks and sticks
31. Real world rural silver walrus
32. Six sleek swans swam swiftly southwards
33. Gobbling gargoyles gobbled gobbling goblins
34. Closed classless classroom closets clamor clandestinely for cleaning
35. Mary Mac's mother's making Mary Mac marry me
36. Bake batches of bitter, brown, blueberry bread
37. Green glass globes glow greenly
38. Seven slick slimy snakes slowly slid southward
39. On a lazy laser raiser lies a laser ray eraser
40. Chester Cheetah chews a chunk of cheap cheddar cheese
41. Five frantic frogs fled from fifty fierce fishes
42. Sometimes shavers slap soap suds showering chilling, shivering seamen
43. Five fuzzy French frogs Frolicked through the fields in France
44. How many yaks could a yak pack if a yak pack could pack yaks?
45. Gregarious gangs of grotesque gargoyle goons garishly grinned
46. Jubilant journalists journeyed jauntily, jabbering jokingly in January
47. Substituting sportscasters should show spontaneity sparklingly
48. Crisp crusts crackle crunchily
49. Pretty pretentious presumptuous people practice power plays predictably
50. Send toast to ten tense stout saints' ten tall tents

More: http://www.uebersetzung.at/twister/en.htm

